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## What is claimed is

1. A method for preparing a *Sophorae Fructus* extract containing isoflavone comprising the following steps:

- (a) hydrothermally extracting Sophorae Fructus by adding water to the Sophorae Fructus and heating;
- (b) removing a precipitate by cooling and filtering the extract to produce a filtrate;
  - (c) treating the filtrate with amylase or pectinase;
- 10 (d) recovering a precipitate by centrifuging the enzyme treated solution and adding ethanol to the precipitate; and
  - (e) recovering a supernatant by centrifuging the ethanol added solution.
- 2. The method of Claim 1, wherein the *Sophorae Fructus* of step (a) is used after pulverization.
  - 3. The method of Claim 1, wherein the hydrothermally extracting of step (a) is performed at  $100 \sim 130$ °C for  $1 \sim 6$  hours after adding water  $3 \sim 20$  times as much as Sophorae Fructus based on the weight.

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- 4. The method of Claim 1, wherein the extract of step (b) is cooled to  $40\sim60^{\circ}\text{C}$ .
- 5. The method of Claim 1, wherein the step (c) is performed by heating the filtrate to  $40 \sim 60$  °C, adding amylase or pectinase by  $0.01 \sim 1\%$  (v/v) to the filtrate,

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and reacting for  $4 \sim 24$  hours.

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6. The method of Claim 1, wherein the precipitate of step (d) is shaken for  $30 \sim 60$  minutes after adding ethanol  $5 \sim 10$  times as much as the precipitate weight, and left for  $60 \sim 120$  minutes.

- 7. The method of Claim 1, wherein the method comprises an additional step of concentrating the supernatant of step (e).
- 8. The method of Claim 7, wherein the method comprises an additional step of pulverizing the concentrate by spray drying.